

# SARINA

Actor Portrayal

## Is your teen missing meningitis B vaccination?

Even with teens who received a meningitis ACWY vaccine in the past, most have not been vaccinated against meningitis B, which requires a different type of vaccine. Although meningitis B is uncommon, it can be fatal within 24 hours, and up to 1 in 5 survivors of meningitis **experience long-term consequences**, including hearing loss, skin scarring, neurological problems, or limb loss.

Meningitis B can be spread through certain everyday behaviors common among teenagers and young adults, including:



Coughing & sneezing



Sharing drinks & eating utensils



Kissing



Living in close quarters

There are two different types of meningitis vaccines that help prevent meningococcal disease



### Meningitis ACWY vaccine

Recommended for 11- to 12-year-olds plus a booster at age 16 years.



### Meningitis B vaccine

Recommended for adolescents not at increased risk age 16-23 years (preferred age 16-18 years) based on shared clinical decision-making with your healthcare provider.

Vaccination may not protect all recipients.

Millions of teens and young adults are missing vaccination against meningitis B.

Ask your doctor if your teen is missing meningitis B vaccination.

[meningitisb.com](http://meningitisb.com)

## Meningococcal group B disease (meningitis B)

Although it is uncommon, meningitis B (MenB) is a serious infection. It is caused by the bacterium *Neisseria meningitidis* group B, which can cause an infection of the membrane that surrounds the brain and spinal cord. It can also cause septicemia, a serious infection of the bloodstream.

### Anyone can get meningitis

However, disease surveillance from 2014-2016 by the Centers for Disease Control and Prevention (CDC) found that the incidence of MenB in teens and young adults peaked at age 18-20 years.



**A CDC study showed that between 2014-2016, the risk of contracting meningitis B was 3.5X HIGHER in college students aged 18-24 years compared with peers not attending college (0.17/100,000 in college students versus 0.05/100,000 in peers not attending college).**



Let's help protect them together, because **missing MenB vaccination can mean missing out on a whole lot more.**

**Ask your doctor  
if your teen is missing  
meningitis B vaccination.**

**Go to [meningitisb.com](https://meningitisb.com)  
to learn more**

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